

GEMS

July 2024

A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 No Meal Canada Day	2	3 Starbuck Salmon	4 Sanford Roast Beef	5	6
7	8 La Salle @ 11:45 BBQ Chicken Breast	9	10 Starbuck @11:45 Hamburger Steak	11 Sanford @11:45 Orange Chicken	12	13
14	15 Brunkild @11:45 Lasagna Understanding Dementia @ 12:30	16	17 Starbuck @11:45 Chicken Parmesan Understanding Dementia @ 12:30	18 Sanford @ 11:45 Salmon	19	20
21	22 La Salle @ 11:45 Pork Cutlets Understanding Dementia @12:30	23	24 Starbuck @11:45 Liver n Onions	25 Sanford @11:45 S&S Ribs Understanding Dementia @ 12:30	26	27
28	29 La Salle @11:45 Chicken Fettucine	30	31 Starbuck @11:45 Roast Pork			

Please call Leanne at 204-735-3052 to sign up no later a couple days before each week's meals.

We will try to accommodate special dietary requests.

Please call ahead to confirm.

Menu subject to change.

\$10 per person